Winter/Spring Newsletter 2019

Special Events
Senior Field Trips
Facility Rentals
REC Membership Info
Fairview Heights
Parks & Recreation
10025 Bunkum Road
Fairview Heights, IL 62208

Contact Information
www.recfh.com
parks@cofh.org
(618) 489-2040

Office Hours
Monday - 7:30 a.m.-4:00 p.m.
Tuesday - 7:30 a.m.-4:00 p.m.
Wednesday - 7:30 a.m.-4:00 p.m.
Thursday - 7:30 a.m.-4:00 p.m.
Friday - 7:30 a.m.-4:00 p.m.
Saturday - Closed
Sunday - Closed

Holiday Hours
Jan. 1 - Closed (New Year’s Day)
Jan 21 - Closed (MLK Jr. Day)
Feb. 18 Closed (President’s Day)
Apr. 19 Closed (Good Friday)

Parks & Recreation Staff
Parks & Recreation Director:
Angela Beaston
Executive Secretary:
Cheryl Kleb
Parks Supervisor:
John Proctor
Recreation Supervisor:
Jordan Hagen
Recreation Assistant:
Chloe King

The REC Staff
Facility Manager:
Chris Tierney-Hurst
Membership Manager:
Andy Borawski
Aquatics Manager:
Stephanie Landess
Fitness Manager:
Melissa Johnson
Athletics Manager:
Herb Schuler
Operations Manager:
Tim Franks
Membership & Marketing Assistant:
Courtney Dalman

Pavilion Rentals
Moody Park - 525 South Ruby Lane
*Pavilion 1 does not have access to electricity

<table>
<thead>
<tr>
<th>Pavilion</th>
<th>User Fee</th>
<th>Security Deposit</th>
<th>Capacity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pavilion # 1</td>
<td>$50.00</td>
<td>$100.00</td>
<td>25</td>
</tr>
<tr>
<td>Pavilion # 2</td>
<td>$50.00</td>
<td>$100.00</td>
<td>50</td>
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<tr>
<td>Pavilion # 3</td>
<td>$50.00</td>
<td>$100.00</td>
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<tr>
<td>Pavilion # 4</td>
<td>$50.00</td>
<td>$100.00</td>
<td>50</td>
</tr>
<tr>
<td>Pavilion 5</td>
<td>$150.00</td>
<td>$100.00</td>
<td>150</td>
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</tbody>
</table>
*Includes Catering Style Kitchen

Pleasant Ridge Park - 401 Pleasant Ridge Road
*Pavilions have access to electricity

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<tr>
<td>Pavilion # 3</td>
<td>$50.00</td>
<td>$100.00</td>
<td>50</td>
</tr>
<tr>
<td>Pavilion # 4</td>
<td>$50.00</td>
<td>$100.00</td>
<td>150</td>
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</tbody>
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Old Lincoln Trail - 9800 Old Lincoln Trail
*Pavilions do not have access to electricity

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<th>Security Deposit</th>
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</thead>
<tbody>
<tr>
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<td>$50.00</td>
</tr>
<tr>
<td>Pavilion # 2</td>
<td>$25.00</td>
<td>$50.00</td>
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General Pavilion Information

- Pavilions can only be reserved by Fairview Heights Residents.
- Pavilions can be reserved beginning of the calendar year for the months of April through October. Outside of those months pavilions are first come first serve.
- Restroom facilities are closed November-April in case of freezing temperatures.
- Pavilion reservations can be made online at www.recfh.com or in the Parks & Recreation Office.
- Pavilion cancellations must be made at least one week in advance.
- No DJ’s, bands, or bounce house can be brought to the park.

Parks Announcement

You may have noticed some new signage at Moody Park. We are kindly asking visitors not to feed the wildlife at Moody Park, especially the Ducks and Geese. Some of the waterfowl at Moody Park have developed a symptom called “Angel Wing Syndrome” which is a condition that affects the birds ability to grow flight feathers properly. The syndrome is developed in young waterfowl due to a high caloric intake of carbohydrates and proteins. Angel Wing Syndrome is irreversible and prohibits the ability for waterfowl to fly and defend themselves properly from predator attacks. We appreciate your support of maintaining a healthy park environment.

New Dog Park

There is a new dog park located at the French Village Park in Fairview Heights. The dog park is open to both residents and non-residents of Fairview Heights. We ask users of the park to enjoy the new facility, follow park rules, and pick up after your pet.

French Village Park
1715 Sycamore Drive
Fairview Heights, IL 62208

DOG PARK
Gift cards are now available!

Gift cards (REC Bucks) can be used for services including memberships, merchandise, birthday parties, room rentals, Clip ‘N Climb, personal training, and specialty programs. Gift cards can be purchased at the Parks and Recreation office.

***Gift cards cannot be used toward Charter Memberships
***Gift cards do not expire

Give the gift of Recreation!

Hours of Operation:
Monday-Thursday: 5:00am-10:00pm
Friday: 5:00am-9:00pm
Saturday: 7:00am-6:00pm
Sunday: 10:00am-6:00pm

Clip ‘N Climb:
Monday-Thursday: 3:00pm-8:00pm
Friday: 3:00pm-9:00pm
Saturday: 10:00am-8:00pm
Sunday: 11:00am-6:00pm

Lil RECers Zone (Child Watch):
Monday-Friday: 7:30am-12:00pm
4:00pm-8:30pm
Saturday: 8:00am-1:00pm
Sunday: 12:00pm-3:00pm

Monthly Membership
<table>
<thead>
<tr>
<th>Classification</th>
<th>Resident Joiner Fee</th>
<th>Nonresident Joiner Fee</th>
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<tbody>
<tr>
<td>YOUTH (under 16)</td>
<td>$20</td>
<td>$25</td>
</tr>
<tr>
<td>YOUNG ADULT (16-21)</td>
<td>$25</td>
<td>$30</td>
</tr>
<tr>
<td>ADULT</td>
<td>$35</td>
<td>$40</td>
</tr>
<tr>
<td>TWO ADULTS</td>
<td>$60</td>
<td>$65</td>
</tr>
<tr>
<td>SENIOR (60+)</td>
<td>$30</td>
<td>$35</td>
</tr>
<tr>
<td>SENIOR COUPLE</td>
<td>$45</td>
<td>$50</td>
</tr>
<tr>
<td>FAMILY (2 ADULTS AND 3 DEPENDENTS)</td>
<td>$65</td>
<td>$70</td>
</tr>
</tbody>
</table>

January through Grand Opening!!

Member Pre-Sale!!
Andy and Courtney would be happy to find the best membership for you! Contact us to learn more about our membership packages.
618-489-2353
Andy.borawski@cofh.org
Courtney.dalman@cofh.org

The sooner you sign up, the more you save!!

Hear from our Charter Members!

“My wife and I became charter members to show our wholehearted support for this much needed building that will undoubtedly contribute to the health and vitality of our community.”
- Kristy Frawley, REC Charter Member

“The REC for my family is the opportunity to engage in a healthy lifestyle and have fun, close to home, with our friends and family.”
- Susan O’Mara, REC Charter Member

Like us on Facebook!
@theRECfairview
Visit our Website!
http://recfh.com/
Follow us on Instagram!
therecfairview
**Camp Kodiak Information**

Camp Kodiak is a Summer Day Camp held at Moody Park for children that have completed grades K-6th. Each week of camp will have its own unique theme that your kids will love! A typical week of camp includes exciting games, crafts to take home, one field trip, and of course fantastic food Fridays.

**NEW TO CAMP!!!!** A few days of the week campers will be taken over to The REC to utilize the new Parks and Recreation facility. Campers will be able to swim twice a week, and occasionally use the Clip n’ Climb area. A few times per week campers will need to be picked up at The REC. Parents/Guardians will be notified of those dates prior to the start of camp. Registration for Camp Kodiak will open on February 1.

### Day Camp
- Monday-Friday
- 9:00 a.m.-3:00 p.m.
- Members: $90.00
- Non-Members: $95.00

### Extended Care
- 7:00-9:00 a.m.
- 3:00-6:00 p.m.
- Members: $30.00
- Non-Members: $35.00

**Early Bird Special**
- Get $10.00 off!!!
- Must register before March 15

**Hiring Camp Counselors**

Camp Kodiak will be hiring Camp Counselors for the Summer of 2019. If you are interested in applying, please read the following information that are requirements to be a Camp Kodiak Counselor.

- All counselors must be at least 18 years or older.
- Counselors must be CPR/AED and First Aid Certified, or willing to complete the training through Fairview Heights Parks & Recreation. Counselors must be creative, outgoing and be able to work well with others.
- Counselors must be a positive role model for children and maintain a strong desire to work with them in an outdoor setting.
- Counselors must be able to work weekdays from May 20-August 9.

If you have questions about being a Camp Kodiak Counselor, or if you are interested in applying, please call the Fairview Heights Parks & Recreation Department.

**Counselors-in-Training**

If you are too old to attend summer camp, but too young to have a job, consider being a CIT (Counselor in Training). Counselors in training attend camp as a helper throughout the weeks of the summer; in order to be a CIT, you must meet the following guidelines.

- CIT’s must be 13 years of age or older.
- Willing to assist Camp Counselors in everyday activities.
- Show responsibility, leadership and serve as a positive role model for all campers.

Being a CIT is a wonderful way to gain work experience and is a fun way to spend a week or two during the summer. To be a CIT there is a $15.00 fee, but you will receive a free Camp Kodiak Shirt.

**Questions**
- Phone: (618) 489-2040
- e-mail: parks@cofh.org

Outdoor Games | Field Trips | Adventure
Swimming | Summer Fun | Entertainment
**Easter Egg Hunt**

**Children’s Egg Hunt**
Saturday, April 13
11:00 a.m. SHARP
The Knoll at Moody Park
Ages 2-10

**Special Needs Egg Hunt**
Saturday, April 13
12:00 p.m. SHARP
Miracle Field at Moody Park
All Ages

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**Special Events**

**Lunch Bunch**
Cost is $7.00 per person. Join us on the first Thursday of the month in the Recreation Room for an afternoon filled with food, friends and fun. After lunch, you can sit back and enjoy the all time favorite game of bingo. Registration is limited, please call if you are interested. Tickets for lunch must be purchased in advance.

Reminder: Due to the increase of food cost we will be increasing lunch bunch to $7.00. This will allow us to keep serving quality meals to all of our participants.

<table>
<thead>
<tr>
<th>Date</th>
<th>Meal</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 3</td>
<td>Meatloaf</td>
<td>11:00 a.m.-1:00 p.m.</td>
<td>RR $7</td>
</tr>
<tr>
<td>Feb. 7</td>
<td>Chinese Cuisine</td>
<td>11:00 a.m.-1:00 p.m.</td>
<td>RR $7</td>
</tr>
<tr>
<td>Mar. 7</td>
<td>Corned Beef/Cabbage</td>
<td>11:00 a.m.-1:00 p.m.</td>
<td>RR $7</td>
</tr>
<tr>
<td>Apr. 4</td>
<td>Soup and Salad</td>
<td>11:00 a.m.-1:00 p.m.</td>
<td>RR $7</td>
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**Bunco**
Are you lucky with the roll of the dice? If so, this is the club for you! The Bunco Club will meet on the 2nd Wednesday of the month. Enjoy snacks & refreshments each week as you roll your luck for a chance to win gift certificates at local establishments.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Jan.-Apr.</td>
<td>2nd Wed.</td>
<td>$1 R/$2 NR</td>
</tr>
<tr>
<td>10:00 a.m.-12:00 p.m.</td>
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**Active Aging**
Seniors 55 & older, let’s get up and start moving! This program is 50 minutes filled with warm ups, walk strong, chair aerobics, and arthritis exercises followed by a cool down. Please call 489-2040 to reserve your spot today!

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Jan.-Apr.</td>
<td>Tu &amp; Th</td>
<td>$1 R/$2 NR</td>
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<tr>
<td>9:00-9:50 AM</td>
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**Dining Theater**
Die Laughing Theater presents CSI: Alton, a murder/mystery dinner theater! Billionaire Seymour Butz is the victim of a homicide. Minnie Butz, the widow, has followed his last request to have an “After Party” with family and friends...that’s you! A delicious 4-course meal will be served as you are entertained and take part in this hilarious, interactive comedy. Get ready to have a great time! **Limited walking is required.** INCLUDES: lunch, show and transportation.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Feb. 26</td>
<td>Tues. 11:00 AM-4:30 p.m.</td>
<td>Alton, IL</td>
<td>$55.00</td>
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</tbody>
</table>

**Amish in America**
You will be stepping back to a time where families put God first, then family, and lastly comes work. Their home life reflects this in the simplest of ways, so come along with us on a journey that not many know about. We’ll have a guided tour of the countryside, visit some Amish shops & stores, and eat a homemade meal in an Amish home. You may also opt to go to the Amish Quilt Show (entrance fee $5). **Limited walking is required.** INCLUDES: lunch, tour and transportation.

<table>
<thead>
<tr>
<th>Date</th>
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<th>Location</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Apr. 25</td>
<td>Thurs. 7:30 a.m.-7:00 p.m.</td>
<td>Arthur, IL</td>
<td>$70.00</td>
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**Men’s Golf League**
Fairview Heights Parks and Recreation is offering a Men’s Golf League on Thursday evenings at Stonewolf Golf Course. League starts the beginning of May and runs through August with an end of season tournament. League fee is $125 per team. For more information or to receive a golf packet please call our office at (618) 489-2040. A captain’s meeting will be scheduled prior to the start of the golf league.

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<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Cost</th>
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<tbody>
<tr>
<td>May-Aug.</td>
<td>Stonewolf</td>
<td>$125 per team</td>
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**Youth Programs**

**Itty Bitty Basketball**
Ages 4-6
This program will introduce boys and girls to the fundamentals of basketball in a non-competitive setting. This class will help your child develop social skills such as listening and following directions as well as hand eye coordination. On a mini court children will learn the basics using a size appropriate ball and lowered nets. We will play a scrimmage on the last day. Classes will be held in the Illini School Gym.

<table>
<thead>
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<th>Location</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Feb. 6-Mar. 13</td>
<td>Wed. 5:30-6:15 p.m.</td>
<td>IL Gym</td>
<td>$35 R/$40 NR</td>
</tr>
<tr>
<td>Mar. 26-Apr. 30</td>
<td>Tues. 5:30-6:15 p.m.</td>
<td>IL Gym</td>
<td>$35 R/$40 NR</td>
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**Be on the lookout**
We are in the process of hiring new staff and creating new programs to benefit our community.

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**Senior Programs**

**Fairview Heights Khoury League**
Spring Recreational Softball, Baseball & T-ball League
Visit www.fairviewkhoury.org
Sign-ups begin Feb. 2019 for our NEW league!
Phone: (512) 680-2100
E-mail: fairviewkhoury@gmail.com
Release & Registration Form

Payer’s Name_________________________DOB_______ Address______________________Home Phone___________ Mobile _________
E-mail _______________________________ City ______________________State___Zip_______Daytime Contact/Phone__________

REGISTRATION PROCEDURES: Please use this form for all class fees, clinics and trips. You may either mail, register on-line, or bring this form with all fees to: Parks & Recreation, 10025 Bunkum Rd, Fairview Heights, IL 62208. Business hours are Monday-Friday from 7:30 - 4:00 p.m. PLEASE MAKE SURE TO SIGN AND DATE THIS FORM AND INCLUDE ALL FEES. Please note that when we refer to the Recreation Room, this is the old police department building. All classes are filled on a first come first serve basis. To register online, go to https://apm.activecommunities.com/fairviewheights/ or click the direct link at www.co#.org.

CANCELLATION POLICY: All cancellations must be submitted 7 days prior to the class/event date for a refund (unless otherwise noted) and will be subject to a 5% processing fee.

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Session</th>
<th>Participant’s Name</th>
<th>Age</th>
<th>D.O.B</th>
<th>Gender</th>
<th>Grade</th>
<th>Fee</th>
<th>T-Shirt Size</th>
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We accept: DISCOVER VISA MasterCard AMERICAN EXPRESS

Go to https://apm.activecommunities.com/fairviewheights/ to register!

WAIVER AND RELEASE OF ALL CLAIMS:
I accept full responsibility by signing below for any claim arising out of the designated class period. I do hereby waive, release and agree to hold harmless the City of Fairview Heights, the instructors and additional sponsors for any claim arising out of this class. I acknowledge that I am aware of the risks of participating in a class/league of this type. I hereby certify that the named participant is in good physical condition and able to safely participate in a class of this type. I also give my permission that any photos or videos taken from the programs may be used by the FHPR for promotional purposes.

Signature of parent or participant 18 yrs or older:_________________________________________Date:______________________________________